

## WIND DAMPER EXTENSION RING - MODEL B

**PARTS NEEDED:** Wind damper extension ring  
5 screws  
5 boss caps



**TOOLS NEEDED:** Phillips head screwdriver

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Using the wind damper extension ring and closing the damper will have the effect of changing the feel of the indoor rower to that of rowing in a fast boat. You will be able to pull through more quickly on the drive. In fact, to achieve a given power output, you will be required to pull through more quickly than without the wind damper extension ring. The monitor will compensate for the extra damping and you will see correct power, meter and time information. (If you observe odd monitor readings with the wind damper extension ring, please notify us.)

### Installation:

You do not have to remove the flywheel to attach the wind damper extension ring.

1. Remove the two bolts holding the flywheel assembly to the bent arm (the side the wind damper is on).
2. Slip the wind damper extension ring between the arm and the flywheel assembly.
3. Line up the five holes in the wind damper extension ring and the five boss caps on the wind damper.
4. Secure the wind damper extension ring using the five screws and boss caps as shown.

