TOUR DE SKIERG
Feb. 1–29
A different SkiErg event each week.

VIRTUAL TEAM CHALLENGE
Jan. 1–31
Team members row, ski or ride as many meters as they can.

JANUARY REVOLUTIONS CHALLENGE
Jan. 1–31
Choose your goal and set your New Year’s Resolution.

MUD SEASON MADNESS
Mar. 1–31
Row, ski or ride 5000 meters or 10,000 meters per day (2500 for kids and adaptive athletes) for 25 days or more.

WORLD ERG CHALLENGE
Mar. 15–Apr. 15
Team members row, ski or ride as many meters as they can.

BIKEERG SPRINTS
July 8–12
A worldwide virtual 4000 meter race on the BikeErg.

SKELETON CREW CHALLENGE
Oct. 25–31
Row, ski or ride a combined 31,000 meters (10,000 for kids and adaptive athletes).

VALENTINE CHALLENGE
Feb. 9–14
Row, ski or ride 14,000 meters.

WORLD ROWING VIRTUAL INDOOR SPRINTS
Mar. 4–8
A worldwide virtual 1000 meter race on the RowErg.

GLOBAL MARATHON & CENTURY CHALLENGE
May 1–15
Row or ski a half (21,097 meters) or full (42,195 meters) marathon. Ride a half (50k) or full (100k) century ride.

SUMMER SOLSTICE CHALLENGE
June 20
Row, ski or ride a combined 21,000 meters in one day.

DOG DAYS OF SUMMER
Aug. 1–28
A different total distance goal each week for a total of 100,000 meters (50,000 for kids and adaptive athletes). On water and on snow meters allowed.

FALL TEAM CHALLENGE
Sept. 15–Oct. 15
Team members row, ski or ride as many meters as possible.

GLOBAL MARATHON & CENTURY CHALLENGE
Aug. 1–15
A different total distance goal each week for a total of 100,000 meters (50,000 for kids and adaptive athletes). On water and on snow meters allowed.

HOLIDAY CHALLENGE
Nov. 26–Dec. 24
Row, ski or ride at least 100,000 or 200,000 meters (50,000 for kids and adaptive athletes).

WORLD ERG SPRINTS
Nov. 12–15
A worldwide virtual 1000 meter race on the SkiErg.

BikeERG SPRINTS
July 8–12
A worldwide virtual 4000 meter race on the BikeErg.

MILITARY CHALLENGE
Feb. 1–29
Select your military affiliation and row, ski or ride as many meters as you can.

2020 Challenges

OVER 40 YEARS OF CREATING INNOVATIVE EQUIPMENT FOR HOMES AND GYMS.