



**Concept2 Indoor Rowing Para World Records
Physician's Sport Category Confirmation Form**

Competitor Information:

First Name _____
Middle Initial _____
Last Name _____
Date of Birth (Month, Day, Year) _____
Gender _____

Mailing Address:

Street (including apartment number) _____
City or Town _____
State or Province _____
Zip or Postal Code _____
Country _____
Telephone Number (home) _____
Telephone Number (mobile) _____
Email address _____

Which event(s) will you be submitting for verification of a Concept2 Indoor Rowing World Record(s)? (Distance or time, gender, age range, para sport category):

As a competitor submitting my performance results for the Concept2 Indoor Rowing World Records, I give permission to Dr. _____ to confirm which sport category best matches my specific ability level. I also release Dr. _____ from any and all liability surrounding or related to the decision regarding my specific sport category.

Competitor's signature _____

Physician's Information

First Name _____
Middle Initial _____
Last Name _____
Telephone number _____
Email address _____

Please read the descriptions listed below and choose the sport category that best matches the above listed competitor's physical abilities.

Sport Category _____

Physician Signature _____

The following sport categories are developed to create fair racing on the Concept2 Indoor Rower. Conditions affecting athletes' abilities and defining sport categories must be **permanent** in nature.

- Organ removal, by itself, does not qualify an athlete for a para rowing sport category.
- Pain, by itself, does not qualify as a para rowing sport category.
- Disability experienced post-surgery is considered a temporary condition and does not qualify for a para rowing sport category.

Note: If you are uncertain or have any questions, please contact Alexis Demars at Concept2, alexisd@concept2.com or 800.245.5676 x3086 (from outside the USA, 802.888.7971).

PR1 (Arms and Shoulders)

This category is for athletes who have minimal to no trunk function (i.e. shoulder function only). A PR1 sport category athlete is able to apply force predominantly using the arms and/or shoulders. These athletes will likely also have poor sitting balance. In addition, these athletes are not able to use the sliding seat to transfer their power to the indoor rowing machine because of significantly weakened function or mobility of the lower limbs. Eligible athletes typically have, but are not limited to, Cerebral Palsy—affecting both leg and trunk function, or neurological impairment with a complete lesion at T12 level or an incomplete lesion at T10 level.

PR2 (Trunk and Arms)

This category is for athletes who have functional use of the trunk but are not able to use the sliding seat to transfer their power to the indoor rowing machine because of significantly weakened function or mobility of the lower limbs. Examples for this category would be: Bilateral around knee amputation, significantly impaired quadriceps, neurological impairment equivalent to a complete lesion at L3 level or an incomplete lesion at L1.

PR3 (VI) (Leg, Trunk & Arms—Blind or Visually Impaired)

This category is for athletes who have functional use of their leg(s), trunk and arm(s) for rowing and who can use the sliding seat. These athletes have permanently impaired vision, reduced vision or no vision: Maximum vision of 10% of normal in best eye with best correction from visual acuity above 02/60 up to visual acuity of 06/60 and/or field of vision between 5% and 20%.

PR3 (ID) (Leg, Trunk & Arms—Intellectually Disabled)

This category is for athletes who have functional use of their leg(s), trunk and arm(s) for rowing and who can use the sliding seat. These athletes have tested 75% or less for intellectual quotient.

PR3 (AK) (Leg, Trunk & Arms—Single Leg, Above the Knee Amputee)

This category is for athletes who have functional use of one leg, trunk and arm(s) and can use the sliding seat. PR3 (AK) athletes must row without the use of a prosthetic on a standard sliding rowing seat. If the athlete prefers to use his or her prosthetic, the athlete should enter the PR3 (PD) category.

PR3 (SA) (Leg, Trunk & Arms—Single Arm)

This category is for PR3 athletes who are only able to row with a single arm connection to the handle. These athletes have similar disabilities to PR3 (PD); however, they also have a permanent condition that allows for only one arm, partial or complete, with or without use of a prosthetic device on that same single arm, to have connection with a standard or modified handle. These athletes may have an amputation or loss of function to one arm, allowing them to pull the handle with the remaining partial or fully functional arm.

PR3 (PD) (Leg, Trunk & Arms—Physically Disabled)

This category is for athletes who have functional use of their leg(s), trunk and arm(s) for rowing and who can use the sliding seat. Eligible athletes in this category include: Single leg below the knee amputees, arm and hand amputees where both upper limbs have connection to the handle naturally or via adaptations, those with up to three missing fingers on one hand, athletes with minimum neurological impairment equivalent to incomplete S1 spinal cord injury, athletes with Cerebral Palsy, and athletes with trans metatarsal amputation of the foot.