Play the Fish Game!!!

Object: To score as many points as possible by altering the intensity of rowing for a fun filled four minute workout. Row to move your fish (on the left facing the onslaught!) up and down the screen. Try to avoid the predators and eat the nutritious fish. Row at a high intensity to move up the screen and at a low intensity to drop down the screen.

Time: 4 minutes

Points: Add 30 points by eating a small fish and 60 points for eating a striped fish. Subtract 45 points when a predator fish eats you.

Score: 0 to your personal best. The sky’s the limit!

How to set up the Performance Monitor to play the Fish Game:

1. Pull on the handle or push any button to turn on the PM3 or PM4.
2. PM3: On the Main Menu screen push “Fish Game.”
   PM4: On the Main Menu screen push “GAMES > FISH GAME.”
3. The game starts when you start rowing.